



Christelle Soto-Suarez, MSc, ACC

**Self-Leadership Awakener /
Executive & Leadership Coach**

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Speaker's Bio

About Christelle Soto-Suarez

Christelle is a Self-Leadership Awakener dedicated to empowering hardworking, busy women in middle management to break free from feeling stuck and overlooked. With 20+ years of international corporate experience and a non-traditional career path, she understands the struggles of professional women who feel invisible, unsupported, or unsure how to take the next step.

Through her transformative coaching and unique Coaching-Infused Conversations, Christelle helps women build confidence, gain clarity, and take practical, authentic steps to design a fulfilling career and life—on their own terms. She believes in small, manageable actions that create big shifts, unlocking new possibilities for personal and professional growth.

Why Book Christelle Soto-Suarez?

- **Engaging and interactive** speaking style that resonates with professional women
- A **fresh, coaching-infused approach** to empowerment and career growth
- **Actionable takeaways** that inspire real change
- Passionate advocate for self-leadership and women's career success

Signature Offering:

Coaching-Infused Conversations

A unique blend of guided coaching and interactive discussion, Coaching-Infused Conversations provides professional women with the space, support, and tools to take meaningful steps forward. These engaging sessions focus on real challenges, encourage self-reflection, and empower participants to leave with a personalized action plan—without feeling overwhelmed or alone.

Speaking Topics

- **What's really, really stopping you?** – Could that be “you”?
- **Do you have the right GPS settings for your career?** – To have the professional journey you want!
- **Where is your personal Board of Directors?** – So you can become the CEO of your life / career!
- Other topics available – see <https://pistachiocassis.com/speaking>

Christelle is available for workshops, group coaching experiences, panel discussions, and podcasts. If you're looking for an inspiring and impactful speaker who helps professional women elevate themselves to be the CEO of their own careers and lives, **book Christelle today!**

Contact Information

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To schedule a call - See QR code

